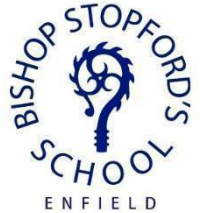




## Diversity Bulletin

November 2023



1. **Protected characteristic of disabilities**
2. **Diwali**
3. **Lunchtime Club**
4. **Ambassadors**
5. **What's cooking?**

Item:	Notes:
1.	<p style="text-align: center;"><b>Protected Characteristic of Disability</b></p> <p>What is a disability? A disability is a physical or mental condition that affects a person's day-to-day lives. It can limit their movements, their senses and their daily activities.</p> <p>Some disabilities are classed as invisible or hidden disabilities because you can't see them. For example, autism. You can't tell that an Autistic person is disabled just by looking at them, this is why it is called an invisible or hidden disability.</p> <p>Spreading awareness of disability is important because it teaches people how it affects people's lives and how you can help someone with a disability. It also helps to get rid of stereotypes related to disabilities. And it helps to remove the stigma around mental disabilities.</p> <p>The more people that know about different disabilities, the more likely research will be done into the cause and treatment of it. Spreading awareness of disabilities might encourage just one person to do some research into it. This could create a big impact. They may discover something new, or they might change their opinion on the matter.</p> <p>It is also important to raise awareness so that if you ever find yourself in a situation where someone with a disability needs help, you might know how to help them. If you aren't aware you could do the wrong thing which could have a detrimental effect on that person.</p> <p>Raising awareness can also have a great impact on the disabled community's day-to-day lives. The more people that know about the effects of disability, more accessible stuff will become available. Making things accessible for disabled people is very</p>



## Diversity Bulletin

important. Without accessibility, they might not be able to do certain activities. Simple things like having a ramp into a shop instead of steps can make a massive difference.

Being aware of mental disabilities also means that you are aware of things that might trigger someone. For example, if an autistic person doesn't like being touched by other people, then you know to avoid that. Some autistic people don't like making eye contact, knowing this and respecting their needs can make a big difference to them and helps them to feel more comfortable in social situations.

There are lots of impacts you can make to a disabled person's life, just by being aware of it. No matter how big or little they are, they all play a part to help them.

2.



What is Diwali?

Diwali (or Deepawali) is celebrated in the autumn with the dates changing each year. Diwali is the festival of light, celebrating the victory of light over darkness, good over evil, and knowledge over ignorance. Some historical references link it to an ancient legend of Ram coming back to Ayodhya after defeating Raavan, hence the victory of good over evil. Others refer to the goddess Lakshmi's birthday on the new moon.

How is Diwali celebrated?

People often then decorate with rangoli, pictures made out of coloured powder and sand usually made on the floor. Houses are lit up with candles and clay lamps both inside and out.



## Diversity Bulletin

Diwali involves prayers, rituals, gifts, fireworks, and, notably, a variety of delicious sweets, making them a prominent part of the celebration.

**Written by Mrs Sathish**

**There will be a display in The Hall in celebration of Diwali from Friday 10th November - 17th November**

**Bindis will be available if you would like to wear one. Please go to W17 to collect one on Friday 10th November.**



It is believed that the creation of human beings has originated from the centre of the forehead where the bindi is worn and it's a sacred symbol of the cosmos. The bindi signifies the whole universe and represents the third eye.

For more information, please click on the link below:

[Origin of Bindis](#)

3.

### **Lunchtime Clubs and Department Activities**

#### **English and Media Department**

Every Friday in E13, The English and Media department will be running "Film Club". To join in with the celebrations of Diwali, "Adipurush" will be showing. More information about the film can be found on the link below:

[Adipurush](#)

**Welcome to all staff and students**

#### **Art Club**


Learning will be focused on Chuck Close, Elian Charli & Georgia O'keeffe using their artstyle to create some inspirational posters for this month. Please find more information about these artists below:

[Chuck Close](#)

[Georgia O'keeffe](#)



## Diversity Bulletin

	<p style="text-align: center;"><b><u>Drum Club</u></b></p> <p style="text-align: center;">Analysing and identifying different Diwali orientated instruments and incorporating traditional Diwali patterns on the African drums and other percussion instruments.</p> <p style="text-align: center;"><b><u>Indoor Open Sports</u></b></p> <p style="text-align: center;"><b>Inclusive club for all. Differentiated basketball hoops to support. Participation in Boccia leadership. For more information please click on the link below:</b></p> <p style="text-align: center;"><b><a href="#">Boccia</a></b></p> <p style="text-align: center;"><b><u>Maths Club and Lunchtime Club (W17)</u></b></p> <p style="text-align: center;"><b>Rangoli Patterns</b></p> <div style="text-align: center;">  </div>
4.	<p style="text-align: center;"><b>Details about Ambassadors and The EDI Working Party</b></p> <p style="text-align: center;"><b><u>Thank you to all Ambassadors!</u></b></p> <p style="text-align: center;">Thank you to all student and staff ambassadors for all your help!</p> <p style="text-align: center;"><i>If you have any questions or need to speak to someone about a protected characteristic, please contact Mrs Opara</i></p> <p style="text-align: center;">We are in need of more staff ambassadors (gender reassignment and disability). Please email Mrs Opara if you would like to support.</p>
5.	<p style="text-align: center;"><b>Fireworks Night</b></p> <p style="text-align: center;">On November 5th this year people across the UK will light bonfires, let off fireworks, and burn effigies of a man named Guy Fawkes. The reason we do this is because it's the anniversary of the Gunpowder Plot (1605); a failed attempt to blow up the Houses of Parliament in London by a group of dissident Catholics.</p> <p style="text-align: center;">For more information please click on the link below:</p> <p style="text-align: center;"><b><a href="#">Gunpowder Plot.</a></b></p>



## Diversity Bulletin



**In support of Fireworks Night and Diwali, the canteen has been cooking up a storm and will continue to have Indian inspired dishes on the menu next week**

