



## TEST and TRACE

Please see below guidance on when and how to access testing for Coronavirus (COVID-19) and the process for reporting to school

Anyone who displays symptoms of COVID-19 (high temperature, continuous cough, loss of taste and smell) should get a test:

- Tests to be booked through <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or ordered by telephone NHS 119 for those without access to internet
- Provide details of anyone they or their child have been in close contact with if they were to test positive for Covid-19 or if asked by NHS Test and Trace
- Self-isolate <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>
  - Household isolation at home until the test result has been obtained
  - If someone tests positive, please follow the guidance for households with possible or confirmed coronavirus (COVID-19) infection and must continue to self-isolate for at least 10 days from the onset of their symptoms and then return to school only if they do not have symptoms other than cough or loss of sense of smell/taste. This is because a cough or anosmia can last for several weeks once the infection has gone. The 10-day period starts from the day when they first became ill. If they still have a high temperature, they should keep self-isolating until their temperature returns to normal. Other members of the household should continue self-isolating for the full 14 days.
  - If someone tests negative, if they feel well and no longer have symptoms similar to coronavirus (COVID-19), they can stop self-isolating. They could still have another virus, such as a cold or flu – in which case it is still best to avoid contact with other people until they are better. Other members of their household can stop self-isolating
- If you are going to have any difficulty accessing a test, please raise with the school and we will be able to provide further support
- Please report to the school the outcome of the test as soon as the result comes through, please report via [generaloffice@bishopstopfords.enfield.sch.uk](mailto:generaloffice@bishopstopfords.enfield.sch.uk) or 0208 804 1906
- The school will report to the local health protection team any positive test results and will follow the actions recommended