



ENFIELD

THRIVES TOGETHER

UPDATE

We hope that your school communities are taking care during these unrepresented times as we move through another week. We are all preparing for the challenges to come and launching 'Enfield Thrives Together' (aligned with Thrive <https://www.annafreud.org/media/9254/thrive-framework-for-system-change-2019.pdf>). Enfield Thrives Together is an emerging virtual team of school facing services with a focus on supporting the health and wellbeing of our school communities. So far, this includes Educational Psychology Service, Schools Emotional Wellbeing Service, Behaviour Support Services; Primary SWERRL Team and Secondary NEXUS, EASA, Schools HR, School Early Years Improvement Service, Public Health, Mental Health Support Teams, CAMHS, School Nursing, Bereavement Service and Enfield Clinical Commissioning Group. We have been talking to both schools and parents so that we can understand what is needed now and might be needed in the weeks to come. Together, we aim to support our school communities in look after each other's wellbeing and co-ordinate extra emotional help where it is needed as a consequence of COVID-19.

The team is currently developing Health & Wellbeing Information & Resources that are specifically aimed for school staff, parents, children and young people. They provide guidance for managing the ups and downs of living in the context of the COVID-19 pandemic. The 'Enfield Thrives Together' bulletin will be sent out at regular intervals over the next term to provide any updates. Let us know if there are areas that you would like more information on by e-mailing eps-sews@enfield.gov.uk.

As the situation unfolds, we know that many of your communities will experience bereavements. The Educational Psychology Service continues to be here for you in sad events and crises. We can support you and your senior leadership team, so that you can support staff, parents and pupils. You can reach us on 0208 379 2000.

Suzy Francis
Principal Educational Psychologist

The team is currently developing Health & Wellbeing Information & Resources that are specifically aimed for school staff, parents, children and young people. They provide guidance for managing the ups and downs of living in the context of the COVID-19 pandemic. These resources can all be found on the [School's Hub](#). Please do share them with your staff and parents:

- Covid-19 Info for children: explaining the virus
- Staying at home: an explanation for pupils
- Going to school: an explanation for pupils still at school
- Covid-19 Wellbeing support: for parents and staff
- Supporting primary-aged children: for parents and staff
- Supporting secondary-aged young people: for parents and staff
- Support for parents





ENFIELD STANDS TOGETHER

We are building community resilience in Enfield in response to the coronavirus crisis. Enfield Council and Enfield Voluntary Action have brought together key local partners and organisations so that we have a coordinated effort across our borough to organise volunteers and those who need help. This is your first stop to find out how you can get involved or access help.

new.enfield.gov.uk/services/your-council/enfield-stands-together/



Need to talk?

Free and anonymous
online support for
young people 365
days a year

kooth

KOOTH

We're pleased to announce that Kooth has launched in Enfield on 1st April to support the wellbeing and resilience of young people.

Kooth is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people, aged 11-19.

[Kooth.com](https://kooth.com)