

Bishop Stopford's School

Week 3

MAIN MEAL

Monday	Tuesday	Wednesday	Thursday	Friday
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Chilli & Paprika Chicken
Drumsticks

Jerk Chicken
Drumsticks & Rice

Sticky Chicken
Drumsticks
&
Roast Potatoes

Nonna`s Lasagne

Chefs Fish of the Day

VEGETERIAN

Singapore Fried Rice
Nasi Goreng

Spicy Tortilla Stack

Cheese & Potato Pie

Vegetable Moussaka

Quorn Hot Dog

FOOD 2 GO

Pasta King
Or
Choose your
Filled Baguette
Or
Bap

Pasta King
Or
Choose your
filled Baguette
or
Bap

Pasta King
Or
Choose your
filled Baguette
or
Bap

Pasta King
Or
Choose your
filled Baguette
or
Bap

Jacket Potatoes
Or
Choose your
filled Baguette
or
Bap

SOMETHING Sweet

Organic Yeo Valley™
Yoghurt

Fruit Medley

Fruit Medley

Chocolate Sponge
&
Chocolate Sauce

Beechdean™ Raspberry
Ripple Ice Cream Pots

Salad Bar
available Daily
with all Meals

Look out for
Theme Days
during the School
Year

We use local &
seasonal produce.
Our meat is farm
assured as a minimum

**Taverna
Day**

All our Fish is MSC
Certified

Allergens

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish
G = Cereals
containing
Gluten
L = Lupin
Mk = Milk
Mo = Molluses
Mu = Mustard
N = Nuts
P = Peanuts
Se = Sesame
Seeds
So = Soya
Su = Sulphur
Dioxide