

# Bishop Stopford's School

## Week 1

### MAIN MEAL

**Monday**  
Piri Piri Drumsticks  
With  
Sunshine Rice

**Tuesday**  
Mamas Meatballs  
&  
Pasta

**Wednesday**  
Honey  
&  
Lemon Roasted Chicken  
Drumstick

**Thursday**  
McDerick Cheese Burger  
&  
Spicy Wedges

**Friday**  
Chefs Fish of the Day  
With Chips

### VEGETERIAN

**Monday**  
Oriental Stir Fried  
Noodles

**Tuesday**  
3 Cheese Quiche  
With Herby Diced  
Potatoes

**Wednesday**  
Seasonal Vegetable  
Lasagne

**Thursday**  
American Mac & Cheese  
With Coleslaw

**Friday**  
Vegi Burger  
With Chips

### FOOD 2 GO

**Monday**  
Pasta King  
Or  
Spicy MSC Salmon  
Baguette  
Or  
Bap

**Tuesday**  
Pasta King  
Or  
Choose your  
filled Baguette  
or  
Bap

**Wednesday**  
Pasta King  
Or  
Choose your  
filled Baguette  
or  
Bap

**Thursday**  
Pasta King  
Or  
Choose your  
filled Baguette  
or  
Bap

**Friday**  
Pasta King  
Or  
Choose your  
filled Baguette  
or  
Bap

### SOMETHING Sweet

**Monday**  
Frozen Fruit Smoothie

**Tuesday**  
Fruit Medley

**Wednesday**  
Fruit Medley

**Thursday**  
Jam Sponge & Custard

**Friday**  
Vanilla Ice Cream Tubs

Salad Bar  
available Daily  
with all Meals

Look out for  
Theme Days  
during the School  
Year

We use local &  
seasonal produce.  
Our meat is farm  
assured as a minimum

American  
Diner  
Day

All our Fish is MSC  
Certified

### Allergens

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals  
containing  
Gluten

L = Lupin

Mk = Milk

Mo = Molluses

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame  
Seeds

So = Soya

Su = Sulphur  
Dioxide