



Councillor Chris Dey
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Dear Parent or Carer,

As we approach the summer 2026 holidays, we want to make sure you are aware of the support available to help children and young people stay safe, active, connected and well. Enfield Council and its partners are offering a range of activities and services to support children's wellbeing, development and positive engagement over the summer period.

Positive enrichment activities:

- 🏠 **Summer University:**

Summer Uni 2026 will run across five weeks of the summer holidays and offers more than 80 free activities and workshops for young people aged 11–19, or up to 25 with SEND, who live or attend school in Enfield. Activities include sport, music, dance, creative arts, career tasters, technology and cooking. Young people must register online first, then book courses when booking opens on Saturday 11 July 2026. More information: Summer Uni 2026 on the Youth Enfield website: [Summer Uni 2026 - FAST TRACK - Youth Enfield & Free Activity Portal for Young People](#)

- 🍽️ **Holiday Activities and Food Programme (HAF):**

Free holiday activities and nutritious meals are available for eligible children and young people from Reception to Year 11 who receive benefits-related free school meals and live in Enfield or attend an Enfield school. The summer programme offers up to 16 days of free activities, with each session lasting at least four hours and including food and a range of activities such as sport, creative sessions, food workshops, days out and opportunities to try new things. Eligible families will need a HAF voucher to book a place. Vouchers are usually issued by schools, and families should receive a text or email from hello@holidaysactivities.com once a voucher has been issued. Website: [Holiday activities and food programme | Enfield Council](#)

- 🎨 **Youth Offer: youth clubs, positive activities, projects and mentoring:**

Youth Enfield provides youth clubs, open-access youth centre activities, positive activities, projects, mentoring and information for young people aged 11–19, or up to 25 with SEND. This includes opportunities to take part in informal learning, receive guidance and access safe, welcoming spaces across the borough. More information: [Youth Enfield and Enfield's Local Offer for SEND.](#)

Specialist Support:

-  **Insight Enfield:** Drug and alcohol misuse support. Contact: 020 8360 9102, Email: insightenfield@waythrough.org.uk Telephone: 020 8360 9102, Website: [Insight Enfield SORT IT! - Waythrough](https://www.insightenfield.org.uk)
-  **KOOTH:** Online counselling for children and young people. Website: <https://www.kooth.com/>
-  **Enfield Crisis Telephone Service:** 24/7 mental health support. Contact: 020 8702 6476, Email, Website: Operates 24 hours a day, 7 days a week. Telephone: 02087026476. email: nlft.cypmhcrisisresponseservice@mhs.net. Website: [Contact us | North London NHS Foundation Trust](https://www.enfieldcrisis.org.uk)
-  **Enfield Young Carers:** Support for children and young people aged 5-18 who have a caring role and live or attend school in Enfield. Email: youngcarers@enfieldcarers.org, Telephone: 020 8366 3677, Website: <https://enfieldcarers.org/young-carers/>
-  **Sexual Health Clinics:** sexual health testing, contraception, information and advice available at the Town Clinic, 4&5 Burleigh Way, Enfield Town, EN2 6AE or White Lodge Medical Practice, 105-109 Chase Side, Enfield, EN2 6NL. Contact: 020 8887 4510, Website: <https://www.echoclinics.nhs.uk/>
-  **elop:** mental health and well-being support, advice, information, counselling, and group support services to lesbian, gay, bisexual and trans (LGBT+) communities. Email: info@elop.org, Telephone: 07908 553 744, Website: <http://www.elop.org/>

Support for families and parents

-  **Best Start Family Hubs:** support for families for children from pre-birth up to the age of 19 or up to 25 for those with special education needs and disabilities. The hubs are welcoming, friendly, and open to all families, children, and young people. Each hub has a family hub navigator to support families and young people to access the help they need. Families can access support with breastfeeding, parent and infant relationship, parenting support, health visiting, stay and play, advice from the DWP on job search and benefits, access to domestic abuse support, meet other parents and many more. More information: [Family Hubs | Enfield Council](https://www.enfieldcouncil.gov.uk/family-hubs)
 - **Ponders End Youth and Family Hub:** 141 South Street EN3 4PX. Telephone: 020 8379 2002
 - **Craig Park Youth and Family Hub:** 2 Lawrence Road N18 2HN. Telephone: 020 8379 2002,
 - **De Bohun Family Hub:** Green Road Southgate N14 4AD. Telephone: 020 8106 9996
 - **Carterhatch Family Hub:** Autumn Close, Carterhatch, EN1 4JY. Telephone: 020 8106 9996
 - **Eldon Family Hub:** St Peter's Road, Edmonton, N9 8JP. Telephone: 020 8106 9996
-  **Start for Life:**

Support for parents and carers of children under five. More information: [Start for Life | Enfield Council](https://www.enfieldcouncil.gov.uk/start-for-life)

- **Community Hubs:**

Face-to-face support for Enfield residents, including help to access council and community services, digital support and advice. More information: [Community Hubs | Enfield Council](#).

Digital support and parenting courses for parents:

- **Enfield Directory for All:**

Easy to navigate directory of support and services available to children, young people and parents. <https://enfelddirectory4all.co.uk/>

- **Parenting Directory:**

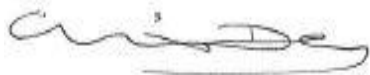
Online and face-to-face parenting support: Parenting Directory. [Home - Enfield Parenting Directory](#)

Safeguarding:

If you are worried about a child or young person, or if your family needs additional support, please complete a referral through Enfield's Children's Portal. If there is an immediate risk of harm, call 999.

We encourage you to make use of these programmes and services to support your child's safety, wellbeing, learning and positive engagement throughout the summer 2026 holidays, as well as the support available for parents and carers.

Kind regards,



Councillor Chris Dey
Conservative Group Chief Whip
Cabinet Member for Children's Services

