

Bishop Stopford's School

Curriculum Map Year 12

BTEC Sport

	Curriculum Intent: To deliver an inclusive and comprehensive L3 examination curriculum								
	Autumn 1	Autumn 2 Anatomy and Physiology	Spring 1	Spring 2	Summer 1	Summer 2			
Unit of work		Automy and Frysiology		Fitness Training and Programming for Health, Sport and Well-being					
Core Skills	Learners demonstrate thorough knowledge and understanding of the body systems in the context of exercise and sports performance, applying this to a range of familiar and unfamiliar situations. Learners are able to analyse how the body carries out exercise and sporting movements and how the body systems respond to short-term and long-term exercise. Learners will be able to interpret information on exercise and sports performance and make reasoned judgements on how body systems carry out exercise and sporting movements in a range of different contexts, demonstrating understanding of the interrelationships between the body systems			Learners will be able to produce a training programme that demonstrates knowledge and understanding of lifestyle factors, nutritional needs and health screening data in the context of the individual in the scenario, supported by justification and the application of relevant research. Learners can recommend nutritional strategies and behavioural modification activities that are specific, demonstrating a thorough understanding of interrelationships between the health, fitness and well-being needs of the client. Learners' recommendations will show an analytical approach, containing sustained lines of argument leading to a cohesive training programme that is entirely relevant in the wider context of fitness training principles.					
Core Knowledge	Learners explore how the skeletal, muscular, cardiovascular and respiratory systems function and the fundamentals of the energy systems.			Learners explore client screening and lifestyle assessment, fitness training methods and fitness programming to support improvements in a client's health and well-being.					
Assement & Feedback	Each external assessment for a BTEC National is linked to a specific unit. All of the units developed for external assessment are of 120 GLH to allow learners to demonstrate breadth and depth of achievement. Each assessment is taken under specified conditions, then marked by Pearson and a grade awarded. Learners are permitted to resit external assessments during their programme. You should refer to our website for current policy information on permitted retakes. The styles of external assessment used for qualifications in the Sport suite are: • examinations – all learners take the same assessment at the same time, normally with a written outcome • set tasks – learners take the assessment during a defined window and demonstrate understanding through completion of a vocational task. Some external assessments include a period of preparation using set information. External assessments are available once or twice a yearWritten examination set and marked by Pearson. • 1.5 hours. • 80 marks			Each external assessment for a BTEC National is linked to a specific unit. All of the units developed for external assessment are of 120 GLH to allow learners to demonstrate breadth and depth of achievement. Each assessment is taken under specified conditions, then marked by Pearson and a grade awarded. Learners are permitted to resit external assessments during their programme. You should refer to our website for current policy information on permitted retakes. The styles of external assessment used for qualifications in the Sport suite are: • examinations – all learners take the same assessment at the same time, normally with a written outcome • set tasks – learners take the assessment during a defined window and demonstrate understanding through completion of a vocational task. Some external assessments include a period of preparation using set information. External assessments are available once or twice a yearA task set and marked by Pearson and completed under supervised conditions. • In Part A, learners will be given a case study one week before a supervised assessment period in order to carry out preparation. • In Part B, the supervised assessment period is 2.5 hours as timetabled by Pearson. • Written submission. • 60 marks.					
Link to prior learning	This is a mandatory unit and underpins knowledge throughout the qualification			Development of knowledge in Key stage 4 and wider cross-curricuar themes					
Outside learning/trips	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy			