

Bishop Stopford's School

Curriculum Map Year 10

PE

	Curriculum Intent: To inspire every student t	o engage in lessons and to develo	op Sports Leadership Skills Spring 1	Spring 2 Summer 1 Summer 2		
Unit of wo	Invasion/Net Games Higher Order Application/Leadership: Boys - Football,	Invasion Games Higher Order Application/Leadership Boys -	Invasion/Net Games Higher Order Application/Leadership	Invasion/Net Games Challenge: Boys - Basketball, Tennis, Girls -	Striking Games Challenge: Boys/Girls - Striking games	Challenge of Athletics disciplines: Boys/Girls -
Core Skills Uni	Table-Tennis, Girls - Basketball. Why? Physical Literacy Skills (Agility, Speed, Coordination, Reaction Time and confidence), Numeracy Skills (Counting and Scoring), Citizenship (sportsmanship), Computing (Video Recording and Analysing, use of ICT)	Football, Volleyball Girls - Physical Literacy Skills (Agility, Speed, Coordination, Reaction Time, Body management skills and confidence), Numeracy Skills (Counting and Scoring), Citizenship (sportsmanship), Computing (Video Recording and Analysing, use of ICT)	Boys - Table-Tennis, Football, Physical Literacy Skills (Agility, Balance, Coordination, Motivation, Movement competence and confidence), Numeracy Skills (Counting and Scoring), Citizenship (sportsmanship), Computing (Video Recording and Analysing, use of ICT)	Table-Tennis. Why? Challenge Physical Literacy Skills (Agility, Coordination, Speed and Body Control), Numeracy Skills (Scoring), Citizenship (sportsmanship), Computing (Video Recording and Analysing, use of ICT)	(Cricket/Rounders). Why? Physical Literacy Skills (Balance, Coordination, Motivation, Movement competence), Numeracy Skills (Counting and Scoring), Citizenship (sportsmanship), Computing (Video Recording and Analysing, use of ICT)	Athletics. Why? Challenge to Physical Literacy Skills (Speed, Balance, Coordination, Power, Flexibility & Core strength), Numeracy Skills (measuring distances, collating data & comparing recordings against othe bests), Citizenship (sportsmanship & cooperation), Computing (Use of ICT and digital stills)
Core Knowledge	Core application: Students should understand what makes a performance effective and how to apply these principles to their own and others' work. They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity. Sport specific skills - understand the key components of sucessful application in outwitting an opponent in Invasion Games		Core application: Students should understand what makes a performance effective and how to apply these principles to their own and others' work. They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity. Sport specific skills - understand the key components of sucessful application in outwitting an opponent in Invasion Games/net games	Core application: Students should understand what makes a performance effective and how to apply these principles to their own and others' work. They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity. Sport specific skills - understand the key components of sucessful application in outwitting an opponent in Invasion Games/net games	Core application: Students should understand what makes a performance effective and how to apply these principles to their own and others' work. They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity. Sport specific skills - understand the key components of sucessful application in Striking Games	
Assement & Feedback	Head, Heart, Hands Assessment: Head - The THINKING physical being, Heart - The SOCIAL and EMOTIONAL physical being, Hands - The DOING physical being. Physical application of the skill unopposed, challenged by an opponent and within the game situation. Ability to apply strategy and decision making within the game. Feedback: Every aspect of thr lesson provides opportunity for physical feedback through successful application, peer feedback through coaching and expert guidance from the PE staff	To understand the concept of net/court games and make effective evaluations of strengths and weaknesses in performance. Appropriate questioning on teaching points of the skills and processes developed. Observation and peer assessment. Provide opportunities for Students to assessment own performance and implement strategies for improvement.	Be able to understand the concept of games activities and make effective evaluations of strengths and weaknesses in performance. Students will have the opportunity to use observation to analyse individual's techniques. (Peer coaching, 'what makes good' questioning/demos & targeted differentiated questioning)	To understand the concept of games activities and make effective evaluations of strengths and weaknesses in performance. Appropriate questioning on teaching points of the skills and processes developed. Observation and peer assessment. Provide opportunities for Students to assessment own performance and implement strategies for improvement.	Targeted questioning will focus on the development process of core skills. Students will be able to evaluate their own and others strengths and weaknesses in a performance. Be able to suggest areas for improvement. Use of computing to observe and improve the performance of self and others.	own and others' performance. Assessment for learning will be achieved through the use of worksheet, video analysis or
Link to prior learning	Pupils should build on and embed the physical development and skills learned in key stage 3, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. Oracy in PE: This should be a key Literacy focus to enhance understanding and develop confidence in coaching/supporting others	Pupils should build on and embed the physical development and skills learned in key stage 3, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. Oracy in PE: This should be a key Literacy focus to enhance understanding and develop confidence in coaching/supporting others	Pupils should build on and embed the physical development and skills learned in key stage 3, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. Oracy in PE: This should be a key Literacy focus to enhance understanding and develop confidence in coaching/supporting others	Pupils should build on and embed the physical development and skills learned in key stage 3, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. Oracy in PE: This should be a key Literacy focus to enhance understanding and develop confidence in coaching/supporting others	Pupils should build on and embed the physical development and skills learned in key stage 3, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. Oracy in PE: This should be a key Literacy focus to enhance understanding and develop confidence in coaching/supporting others	Pupils should build on and embed the physical development and skills learned in key stage 3, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. Oracy in PE: This should be a key Literacy focus to enhance understanding and develop confidence in coaching/supporting others
Outside learning/trips	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy	Multiple morning, lunch and after school recreational sports activities for all. Competitive teams for intra/inter school fixtures. Opportunities to engage in Greenhouse Sports Academy