

Bishop Stopford's School Autumn/Winter 2018/19 Week One

Monday

Piri Piri Chicken Drumsticks
Fish Fingers
Vegetable and Quorn Stir Fry with Noodles (V)
Filled Jacket Potato
Creamy Mashed Potato
Garden Peas
Selection of Salads
Fruit Smoothie
Fruit Salad

Tuesday

Beef Bolognese
Cheese & Chive Quiche (V)
Filled Jacket Potato
Crusty Bread
Green Beans
Selection of Salads
Fruit Crumble & Custard
Fruit Salad

Wednesday

Roast Chicken Drumsticks
Seasonal Veggie Lasagne (V)
Filled Jacket Potato
Crispy Roast Potatoes
Sweetheart Cabbage
Selection of Salads
Organic Yoghurt
Fruit Salad

Thursday

Caribbean Chicken Curry
Lentil Curry (V)
Chef's Special
Filled Jacket Potato
Steamed Rice
Fresh Broccoli
Selection of Salads
Chocolate Cracknel and Peaches
Fruit Salad

Friday

Hand Battered Fish
Lamb Burger
Macaroni cheese (V)
Chipped Potatoes
Sweetcorn
Baked Beans
Selection of Salads
Jelly with a Shortbread Biscuit
Fruit Salad

Available Daily

Choose from a variety of salads Greek Salad, Coleslaw, Cherry tomatoes, Cucumber, Carrot and sultana, Pasta Salad and Potato Salad.

**Our Fish is sustainable and MSC-certified (Marine Stewardship Council). All our eggs are free-range and our meat is Farm-Assured as a minimum*

